

COVID COMPLIANT CLEANING GUIDE FOR BODY VOICE CENTRE STUDIO HIRERS.

(Summarised from *safe work australia* website. 6 November, 2020)

Please read and sign below.

When you agree to use the Body Voice Centre you commit to carrying out the following cleaning process after each of your sessions.

We thank you in advance for helping to keep the Centre a COVID safe premises.

What do I need to do?

- Wear your face mask to protect yourself from splashes and fumes. Eye protection is also recommended.
- Use the disposable gloves provided or you can bring your own reusable gloves. Dispose of the gloves in the bin provided and wash your hands for at least 20 seconds with soap and water afterwards.
- Make a solution of the detergent & disinfectant provided (as directed) using warm tap water. If a surface is dirty it must be cleaned first then disinfected. Leave surfaces visibly damp (take care around electrics) and allow to air dry.
- Use the cleaning cloths provided. After use: place the used cloths in the bin provided. These are laundered for your use in accordance with *safe work australia* recommendations.
- Clean all frequently touched surfaces such as tabletops, counters, door handles, light switches, toilets, taps and any surfaces you think might have been touched or brushed up against. A frequently touched surface is considered to be something touched more than once by either the same or different people.

What is the difference between cleaning and disinfecting?

Cleaning means to physically remove germs (bacteria and viruses), dirt and grime from surfaces using a detergent and water solution.

Disinfecting means using chemicals to kill germs on surfaces. It's important to clean before disinfecting because dirt and grime can reduce the ability of disinfectants to kill germs.

Is a sanitiser a disinfectant?

A sanitiser is a chemical that is designed to kill some bacteria and some viruses that can cause disease in humans or animals. These chemicals are not as strong as disinfectants, which makes them safe to use on skin. If you're disinfecting a hard surface or inanimate object, a disinfectant is the best option. This is why it is important to wash your hands thoroughly with warm soapy water.

I, _____ have read the cleaning guide and I agree to follow the process required to keep the Body Voice Centre COVID safe.

Signed:

Dated: